

Block, Jack (1971) . *Lives Through Time*, APPENDIX B

The Items in the Adolescent CQ Set
Specified 9-point distribution (N= 104):
6, 9, 13, 15, 18, 15, 13, 9, 6

1. Is critical, skeptical.
2. Behaves in a dependable and responsible way.
3. Has a wide range of interests. (N.B. Superficiality or depth of interest is irrelevant here.)
4. Is a talkative individual.
5. Behaves in a giving way toward others. (N.B. Regardless of the motivation involved, be it genuine or not.)
6. Is fastidious in behavior and appearance. (N.B. As opposed to sloppy).
7. Favors status quo of the world as he perceives it.
8. Has a high degree of intellectual capacity (N.B. whether actualized or not).
9. Is uncomfortable with uncertainty and complexities.
10. Anxiety and tension find outlet in bodily symptoms. (N.B. If placed high implies bodily dysfunction; if placed low, implies absence of autonomic arousal.)
11. Is protective of those close to him. (N.B. Placement of this item behavior ranging from over-protection through appropriate nurturance to a laissez-faire, underprotective manner.)
12. Tends to be self-defensive, blame avoidant.
13. Is thin-skinned; sensitive to anything that can be construed as criticism or interpersonal slight.
14. Genuinely submissive.
15. Is skilled in social techniques of imaginative play, pretending, and humor.

16. Is introspective; self-observing; concerned with self as an object. (N.B. Introspectiveness per se implies neither insight nor narcissism nor brooding.)
17. Behaves in a sympathetic or considerate manner (N.B. regardless of the motivation involved).
18. Behaves in a dependent fashion.
19. Seeks reassurance from others.
20. Has a rapid personal tempo; behaves and acts quickly.
21. Arouses nurturant feelings in others.
22. Feels a lack of personal meaning in life.
23. Extrapunitive; tends to transfer or project blame.
24. Prides self on being objective, rational.
25. Tends toward overcontrol of needs and impulses; binds tensions excessively; delays gratification unnecessarily.
26. Is productive; gets things done.
27. Shows condescending behavior in relations with others. (N.B. Extreme placement toward uncharacteristic end implies simply an absence of condescension, not necessarily equalitarianism or inferiority.)
28. Tends to arouse liking and acceptance in others.
29. Is turned to for advice and reassurance.
30. Gives up and withdraws where possible in the face of frustration and adversity. (N.B. If placed high, implies generally defeatist; if placed low, implies counter-active.)
31. Is comfortable with own physical appearance.
32. Aware of the impression he makes on others; accurately perceives his social stimulus value.
33. Is calm, relaxed in manner.

34. Reactive to minor frustrations; irritable.
35. Has warmth.
36. Is negativistic; tends to undermine and obstruct or sabotage.
37. Is guileful and deceitful, manipulative, opportunistic.
38. Has hostility toward others. (N.B. Basic hostility is intended here; mode of expression is to be indicated by other items.)
39. Thinks and associates to ideas in unusual ways; has unconventional thought processes.
40. Behaves as if generally fearful in manner and approach, anticipating real or fancied threats.
41. Is judgmental in regard to human conduct. (N.B. Regardless of the ideological nature of the moral code.)
42. Reluctant to commit self to any definite course of action; tends to delay or avoid action.
43. Is facially and/or gesturally expressive.
44. Evaluates the motivation of others in interpreting situations. (N.B. Accuracy of evaluation is not assumed.) (N.B. Again, extreme placement in one direction implies preoccupation with motivational interpretation; at the other extreme, the item implies a psychological obtuseness; S does not consider motivational factors.)
45. Disorganized and maladaptive when under stress or trauma; has a small reserve of integration.
46. Engages in personal fantasy and daydreams, fictional speculations.
47. Has a readiness to feel guilty. (N.B. Regardless of whether verbalized or not.)
48. Keeps others at a distance; avoids closer interpersonal relationships.
49. Is basically distrustful of people in general.
50. Is considered unpredictable and changeable in behavior and attitudes.

(N.B. Behavioral lability is intended here, not long-range predictability.)

51. Genuinely values intellectual and cognitive matters. (N.B. Ability or achievement are not implied here.)

52. Behaves in an assertive fashion. (N.B. Item 14 reflects underlying submissiveness; this refers to overt behavior.)

53. Various needs tend toward relatively direct and uncontrolled expression; unable to delay gratification.

54. Emphasizes being with others; gregarious. (N.B. Genuineness of quality is not of concern here.)

55. Is self-defeating in regard to his own goals.

56. Responds to humor, wit, and jokes. (N.B. Item 15 refers to the quality and refinement of the humorous orientation.)

57. Is an interesting, arresting person; has individuality. (N.B. The sorter's judgment is required here rather than judgment by peers.)

58. Enjoys sensuous experiences (including touch, taste, smell, physical contact).

59. Is concerned with own body and the adequacy of its physiological functioning.

60. Has insight into own motives and behavior.

61. Perceives self as the crucial and causative agent in determining the occurrences in his life. (N.B. Opposite end implies life and consequences are seen as impersonally or fortuitously determined.)

62. Tends to be rebellious.

63. Values self and others in terms set by his cultural group, like popularity, presumed adolescent norms, social pressures, etc.

64. Is socially perceptive of a wide range of interpersonal cues.

65. Characteristically pushes and tries to stretch limits; sees what he can get away with.

66. Enjoys esthetic impressions; is esthetically reactive.
67. Is explicitly self-indulgent; considers satisfaction of own desires as of paramount importance (N.B. as opposed to asceticism).
68. Is concerned with physical appearance.
69. Is touchy and sensitive to anything that can be construed as a demand from others. (N.B. No implication of the kind of subsequent response is intended here.)
70. Has shifting standards, depending on group and situation pressures.
71. Has high aspiration level for self as adult. (N.B. Goal is self-defined.)
72. Is affected.
73. Tends to construe or define many different contexts in sexual terms; eroticizes situations.
74. Feels satisfied with self.
75. Has a clearcut, internally consistent personality. (N.B. Amount of information available before sorting is not intended here.)
76. Tends to project his own feelings and motivations onto others.
77. Behaves in a straightforward, forthright fashion in dealings with others.
78. Self-pitying; feels cheated and victimized by life.
79. Tends to ruminate and have persistent, preoccupying thoughts.
80. Becomes emotionally involved with members of the opposite sex (N.B. At low end implies inability to relate to members of opposite sex.)
81. Is physically attractive; good-looking. (N.B. The cultural criterion is to be applied here.)
82. Has fluctuating moods.
83. Comfortable with the decisions he has made.

84. Is cheerful. (N.B. Extreme placement toward uncharacteristic end of continuum implies gloominess.)
85. Communicates through non-verbal behavior, expresses attitudes and feelings through the context of behaviors. (N.B. Item 43 refers to facial and gestural expressiveness per se.)
86. Handles anxiety and conflicts by attempting to exclude them from awareness.
87. Interprets basically simple and clearcut situations in complicated and particularizing ways.
88. Becomes emotionally involved with members of the same sex. (N.B. Placement at low end implies inability to relate to members of same sex.)
89. Compares self to others, whether favorably or unfavorably; is alert to real or fancied differences between self and other people. (N.B. Regardless of the reaction subsequent to the comparison.)
90. Is explicitly concerned with philosophical problems, e.g., religion, values, the meaning of life, death, etc.
91. Is power or status oriented; values power or status in self or others.
92. Has social poise and presence with others.
- 93a. Behaves in a masculine style and manner.
- 93b. Behaves in a feminine style and manner. (N.B. If subject is male, 93a applies; if subject is female, 93b is to be evaluated.) (N.B. again. The cultural or sub-cultural conception is to be applied as a criterion.)
94. Expresses hostile feelings directly.
95. Tends to proffer advice.
96. Values own independence and autonomy.
97. Is emotionally bland. (N.B. At high end, implies flattened affect; at low end, implies extreme and deep emotionality.)
98. Is verbally fluent, articulate. (N.B. Talkativeness per se is expressed by item

4)

99. Is self-dramatizing; histrionic.

100. Does not vary roles; relates to others in the same way.

101. Questing for meaning, self-definition or redefinition.

102. Initiates humor, wit, and jokes. (N.B. Item 15 refers to the quality and refinement of the humorous situation.)

103. Accepting of dependency in self; functions comfortably when dependent.

104. Is identifying and romanticizing of individuals and causes. (N.B. Irrespective of nature or values of the cause of the individuals.)